

Semester Lecture Plan

Name of the college: Government College of Arts, Science & Commerce, Sanquelim- Goa							
Name of Faculty: Ms. Janeita Carvalho				Subject: HISTORY			
Paper code: HIS 211			Program/Course: S.Y.B.A			Division:	
Academic year: 2024 – 2025			Semester: III			Total Lectures: 30	
<p>Course Objective:</p> <ul style="list-style-type: none"> a. Describe evolution of food in India b. Discuss the eating habits and culinary practices c. Analyse the different historical texts on food. d. Learn about the regional cuisines. 							
<p>Course Learning Outcome</p> <ul style="list-style-type: none"> 1. Understand the evolution of food history. 2. Gain knowledge of religious and regional influences on food. 3. Develop understanding of documenting food history. 4. Appreciate regional cuisines and variations. 							
Month	Lectures From:	To:	No. of lectures	Topic, Subtopic to be covered	Learning outcome	ICT Tools	Reference books

			allotted				
June-July	28/06/2024	06/07/2024	02	UNIT 1 : Subsistence Systems from Harappan to Vedic Times Subsistence strategies of pre-historic times.	Students will learn about the subsistence strategies practiced by the pre-historic man.	Power point presentation	Achaya, K.T. <i>Indian Food, A Historical Companion</i> . New Delhi: Oxford university Press, 1998.
	08/07/2024	13/07/2024	02	UNIT 1: Harappan Civilisation-	Students will learn about the Dietary practices of the Harappans.	Power point presentation	Achaya, K.T. <i>Indian Food, A Historical Companion</i> . New Delhi: Oxford university Press, 1998.
	15/07/2024	20/07/2024	02	UNIT 1: Harappan Civilisation-	Students will learn about the Dietary practices of the Harappans.	Power point presentation	Achaya, K.T. <i>Indian Food, A Historical Companion</i> . New Delhi: Oxford university Press, 1998.
July	22/07/2024	27/07/2024	02	UNIT 1: Harappan Civilisation-	Students will learn about the Dietary practices of the Harappans	Power point presentation	Achaya, K.T. <i>Indian Food, A Historical Companion</i> . New Delhi: Oxford university Press, 1998.
July-August	29/07/2024	03/08/2024	02	UNIT 1: Vedic Age-	Students will learn about the Dietary practices of the Vedic people	Power point presentation	Achaya, K.T. <i>Indian Food, A Historical Companion</i> . New Delhi: Oxford university Press, 1998.

	05/08/2024	10/08/2024					
			02	UNIT 1: Vedic Age-	Students will learn about the Dietary practices of Vedic people	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
August	12/08/2024	17/08/2024	02	UNIT 1: Therapeutic Diets	Students will learn about the various therapy diet	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
	19/08/2024	24/08/2024	02	UNIT 2: Food ways- Jain Influence on food	Students will learn about the Jain influence on food.	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
	26/08/2024	31/08/2024	02	UNIT 2: Food ways- Buddhist Influence on food	Students will learn about the Buddhist Influence on food	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
September	02/09/2024	07/09/2024	02	UNIT 2: Food ways- Temple foods	Students will study about the temple foods.	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
	09/09/2024	14/09/2024	02	UNIT 2: Food ways- Temple festival foods	Students will learn about the Temple festival foods.	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
	16/09/2024	21/09/2024	02	UNIT 2: Food ways- Indo European Influence on food	Students will learn about the Indo-European Influence on food	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press,

							1998.
	23/09/2024	28/09/2024					
			02	UNIT 3: Historical Texts and food: Manasollasa	Students will learn about the Historical food texts.	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
October	01/10/2024	05/10/2024	02	UNIT 3: Historical text-Shivtatvaratnakara	Students will learn about the Historical food texts	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
	07/10/2024	12/10/2024	02	UNIT 3: Historical text-Bhojanakutuhala	Students will learn about the Historical food texts.	Power point presentation	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
	14/10/2024	19/10/2024	02	Revision	Revision	Lecture	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.
October	21/10/2024	22/10/2024	02	Revision	Revision	Lecture	Achaya, K.T. Indian Food, A Historical Companion. New Delhi: Oxford university Press, 1998.