

Lecture Plan							
Name of the College: Government College of Arts, Science and Commerce. Sanquelim - Goa							
Name of Faculty: Aishwarya Anil Nene, Mithali Halarnkar				Subject: Zoology			
Paper code: ZOO-133 (Public Health and Hygiene)				Program: F.Y.B.A.		Division: -A	
Academic year: 2024-25				Semester: II		Total Lectures:15	
Course Objectives: 1. Explain the importance of hygiene in maintaining public health. 2. Contrast between communicable and non-communicable diseases. 3. Analyze the factors influencing population health, including social determinants and environmental factors. 4. Identify the role of public health measures in disease prevention, health promotion, and community well-being.							
Course Outcome: At the end of the course, students will be able to: 1. Discuss aspects of public health and hygiene. 2. Summarise information about various communicable and non-communicable diseases. 3. Describe personal and community prophylactic measures to combat various diseases. 4. Explain various aspects of community health.							
Student Learning Outcome: At the end of the course, students will be able to: 1. Understand the aspects of public health and hygiene. 2. Understand the various communicable and non-communicable diseases. 3. Describe personal and community measures to foght against different diseases. 4. Know various aspects of community health.							
Month	Lecture From	Lecture To	No. of lectures allotted	Topic, Subtopic to be covered	Exercise/ Assignment	ICT Tools	Reference books

December	9/12/24	14/12/24	2	History and Scope of public health system, Definition of health and components of public health,	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	16/12/24	21/12/24	2	Definition of health and components of public health, Malnutrition	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
January	2/01/25	4/01/25	0	-----	-	--	
	6/01/25	11/01/25	3	Malnutrition, Overnutrition	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	13/01/25	18/01/25	1	Overnutrition	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	20/01/25	25/01/25	1	Measures of malnutrition	Activity on malnutrition	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	27/01/25	1/02/25	1	Measures of malnutrition	-		K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
February	3/02/25	8/02/25	1	Substance abuse and its control measures	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	10/02/25	15/02/25	1	Substance abuse and its control measures	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	17/02/25	22/02/25	1	Adulteration of food and its harmful effects	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	24/02/25	1/03/25	0	-----	-	-	----



	3/03/25	8/03/25	1	Hygiene- Definition, types (Personal and Social hygiene) and importance.	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	10/03/25	15/03/25	1	Hygiene- Definition, types (Personal and Social hygiene) and importance.	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	17/03/25	22/03/25	1	Revision	-	Powerpoint presentation	K. Dass, Public Health and Hygiene. Notion Publishers, 2021.
	24/03/25	29/03/25	1	Revision	-	Group discussion	-----
April	31/03/25	5/04/25	1	Revision	-	Group discussion	-----
	7/04/25	11/04/25	1	Revision	-	Group discussion	-----

**Assessment  
Rubrics**

Component	Max Marks
ISA 1	7.5
ISA 2	7.5
Practical	-
Project	-
Semester End Exam	60