## **Lecture Plan**

Name of the college: Government College of Arts, Science and Commerce, Sanquelim, Goa

Name of Faculty: Mr. Abednego Pinto

Subject: Indigenous Heritage of Goa

Paper code: HSS 131 Program: FY BCom Division: A

Academic year: 2025-2026 Semester: I Total Lectures: 34

## **Course Objectives:**

- 1 Acquire knowledge on the indigenous communities of Goa and their habitats.
- 2. Understand the socio-cultural and religious practices of the indigenous community.
- 3. Identify the sustainable management practices of the indigenous communities of Goa.

## **Expected Course Outcome:**

- 1. 1. Understand the role of indigenous communities in Goan history and their habitat.
- 2. Develop an understanding of the contributions of the indigenous communities to Goan culture and spread their knowledge to the future generation.

- 3. Summarize the struggles and challenges confronting the indigenous communities of Goa in modern times.
- 4. Develop knowledge through discussions, assignments, debates, brain storming, study tours, guest lectures etc.

Student Learning Outcome: Students will understand the importance of indigenous communities and be able to identify them and explain their socio-cultural & religious practices. They will be able to identify an evaluate sustainable resource management practices followed by the indigenous groups.

| Month | Lecture From | Lecture To | No. of lectures allotted | Topic, Subtopic to be covered | Exercise/<br>Assignment | ICT Tools    | Reference<br>books |
|-------|--------------|------------|--------------------------|-------------------------------|-------------------------|--------------|--------------------|
| July  | 21/07/25     | 26/07/25   | 3                        |                               | Identify                | Power point  | Gune, V. T.,       |
|       |              |            |                          | Unit I Indigenous             | indigenous              | presentation | ed. Gazetteer      |
|       |              |            |                          | Heritage                      | communities in          |              | of Goa,            |
|       |              |            |                          | a. Meaning                    | your locality           |              | Daman and          |
|       |              |            |                          | b. Indigenous                 |                         |              | Diu. Panaji:       |
|       |              |            |                          | Identity: Kunbis              |                         |              | Gazetteer          |

|                 |          |          |   |   |   |                          | Department,<br>1979.<br>Singh, K.S.<br>ed. <i>People of India: Goa.</i><br>vol. 21.<br>Bombay:<br>Popular<br>Prakashan<br>Pvt Ltd,<br>1993.                                     |
|-----------------|----------|----------|---|---|---|--------------------------|---|
| July/<br>August | 28/07/25 | 02/08/25 | 3 | b. Indigenous Identity: Gavdas, Velip, Kharvis, Dhangars/GouvIlis | Read about the indigenous communities of Goa                    | Power point presentation | Gune, V. T., ed. Gazetteer of Goa, Daman and Diu. Panaji: Gazetteer Department, 1979.  Singh, K.S. ed. People of India: Goa. vol. 21.  Bombay: Popular Prakashan Pvt Ltd, 1993. |
| August          | 04/08/25 | 09/08/25 | 3 | Unit II<br>Traditions &<br>Practices                              | Find out the various local remedies to sickness in your village | Power point presentation | Da Silva<br>Gracias,<br>Fatima.<br>Health and<br>Hygiene in   |

|        |          |          |   | a Medical Practices<br>(Vaids, Bone-setters,<br>Midwives)  |  |                          | Colonial Goa, 1510- 1961. New Delhi: Concept Publishing Company, 1994.   |
|--------|----------|----------|---|--|--|--------------------------|--|
| August | 11/08/25 | 16/08/25 | 2 | b. Pastoral and<br>Agrarian Practices -<br>Animal Husbandry,<br>Kumeri, Food Habits                    | Read about the various dietary practices and agricultural practices followed in Goa                                      | Power point presentation | Gune, V. T.,<br>ed. Gazetteer<br>of Goa,<br>Daman and<br>Diu. Panaji:<br>Gazetteer<br>Department,<br>1979.                                       |
|        |          |          | 3 | c. Religious Practices: Nature Worship, Village Protector, Shamanistic and other ritualistic practices | Observe around you the various forms of worship practiced by the people in your village. Read and write about the unique | Power point presentation | Kerkar, Rajendra. Natural Heritage of Goa. Panjim: Broadway Publishing House, 2016. Phaldesai, Pandurang. Goa: Folklore Studies. Goa: Goa 1556 & |
| August | 18/08/25 | 23/08/25 |   |  | ones.  |                          | Broadway   |

|           |          |          |   |                              |                              |                          | Publishing House, 2011.  |
|-----------|----------|----------|---|------------------------------|------------------------------|--------------------------|--|
|           |          |          |   |                              |                              |                          | Phaldesai, Pandurang. Kaleidoscopi c Goa: A Cultural Atlas. Panaji: Vasantrao Dempo Education & Research Foundation,       |
|           |          |          | 0 |                              |                              |                          | 2004.  |
| August    | 25/08/25 | 25/08/25 | 0 |                              |                              |                          |  |
|           |          |          | 3 |                              | Find out where               | Power point presentation | Phaldesai, Pandurang. Kaleidoscopi c Goa: A Cultural Atlas. Panaji: Vasantrao Dempo Education & Research Foundation, 2004. |
|           |          |          |   | Unit III Cultural and        | the Maand is located in your |                          | Phaldesai,<br>Pandurang.   |
|           |          |          |   | Social                       | village and its              |                          | Typological  |
| September | 02/09/25 | 06/09/25 |   | Representations a. The Maand | importance in social life.   |                          | Insights Into<br>Folklore of   |

|           |          |          | 3 | b . Folk Music,<br>Stories, Dance and<br>Drama |  | Power point presentation | Goa. Porvorim: Saasaai Publications, 2021. Phaldesai, Pandurang. Kaleidoscopi c Goa: A Cultural Atlas. Panaji: Vasantrao Dempo Education & Research Foundation, 2004. |
|-----------|----------|----------|---|--|--|--------------------------|---|
| September | 08/09/25 | 13/09/25 | 3 | c. Impact of colonization and modernization    | Read about the folk dances, drama, stories and music of Goa. Identify from which place or community it is from.  Read about the influence of the Portuguese rule | Power point presentation | Phaldesai, Pandurang. Typological Insights Into Folklore of Goa. Porvorim: Saasaai Publications, 2021. Phaldesai, Pandurang. Typological                              |
| September | 15/09/25 | 20/09/25 |   |  | on the indigenous communities.   |                          | Insights Into<br>Folklore of<br>Goa.  |

|                                     |                      |                      |   |  |  |                          | Porvorim:<br>Saasaai<br>Publications,<br>2021.   |
|-------------------------------------|----------------------|----------------------|---|--|--|--------------------------|--|
|                                     |                      |                      | 3 | Unit IV Concern for Indigenous Heritage a. Social Justice and Concern: The GAKUVED (Federation of Gawda, Kunbi, Velip and Dangar | Find out and list<br>the issues and<br>challenges<br>faced by the<br>indigenous<br>communities of  | Power point presentation | Alvares, Claude, ed. Fish Curry Rice. A Source book on Goa, Its Ecology and life style. Goa: A Goa Foundation Publication, 1993. |
| September/<br>September/<br>October | 22/09/25<br>29/09/25 | 27/09/25<br>04/10/25 | 2 | b. Forest Rights Act   | List down the struggles faced by the indigenous communities of Goa when it comes to forests. Read about the laws the government has introduced to help them. | Power point presentation | Alvares, Claude, ed. Fish Curry Rice. A Source book on Goa, Its Ecology and life style. Goa: A Goa Foundation Publication, 1993. |
|                                     | , , -                | , , -                | 3 | c. Assignment on<br>Indigenous Heritage<br>(Audio or Video or  | Identify any local social, cultural belief,  | Power point presentation | Alvares,<br>Claude, ed.<br>Fish Curry  |
| October                             | 06/10/25             | 11/10/25             |   | Documentation)   | tradition,   |                          | Rice. A  |

|         |          |          |   |          | religious practice, medical practice in your village. Document it. | Source book<br>on Goa, Its<br>Ecology and<br>life style.<br>Goa: A Goa<br>Foundation<br>Publication,<br>1993. |
|---------|----------|----------|---|----------|--|---|
| October | 13/10/25 | 18/10/25 | 3 | Revision | Revision   |   |

## \* Assessment Rubrics

| Component    | Max Marks |
|--------------|-----------|
| ISA 1        | 7.5       |
| ISA 2        | 7.5       |
| ISA 3        | 7.5       |
| Project      | -         |
| Semester End |           |
| Exam         | 75        |