

Semester Lecture Plan

Name of the College: Government College of Arts, Science and Commerce, Sanquelim, Goa

Name of the Faculty: Mr. Mouvin Francisco Fernandes

Subject: Zoology

Paper Code: ZOO 231

Programme/Course: Standard First Aid

Academic Year: 2025-2026

Semester: III

Course Objectives:

1. Acquire basic knowledge and skills for providing first aid.
2. Understanding the first aid intervention needed for various emergencies.
3. Familiarizing the principles and operational aspect of a first aid response.
4. Analyze common medical emergencies and appropriate first aid responses.

Course Learning Outcomes: By the end of this course, students will be able to

1. Explain the first aid interventions needed for various emergencies.
2. Apply the principles of first aid management in managing emergency situations.
3. Differentiate between various injuries.
4. Assess the seriousness of the emergency scene/situations to take appropriate action.

Month	Date	Topic, subtopic to be covered	Learning outcomes	ICT Tools	Reference Books
July	5	Basic First Aid	The student will understand the aims of first aid and legal considerations.	Power point presentation	FA Manual and Internet resources
	11	Basic First Aid	The student will learn how to deal with an emergency situation effectively.	Power point presentation	FA Manual and Internet resources

	18	Basic First Aid	The student will learn basic CPR techniques for resuscitation.	Power point presentation	FA Manual and Internet resources
	25	Basic First Aid	The student will learn how to place a casualty in the recovery position.	Power point presentation	FA Manual and Internet resources
August	1	Basic First Aid	The student will perform an initial top to toe assessment of a casualty.	Power point presentation	FA Manual and Internet resources
	8	Hand washing and Hygiene	The student will practice correct hand washing and hygiene techniques.	Power point presentation	FA Manual and Internet resources
	15	First Aid Kit	The student will identify the types and contents of a first aid kit.	Power point presentation	FA Manual and Internet resources
	22	First Aid Technique	The student will learn to apply dressings and bandages correctly.	Power point presentation	FA Manual and Internet resources
September	5	First Aid Technique	The student will practice fast evacuation and transport techniques for casualties.	Power point presentation	FA Manual and Internet resources
	12	Symbols of First Aid	The student will recognize and understand symbols associated with first aid.	Power point presentation	FA Manual and Internet resources
	19	Shock Management	The student will manage shock due to injury using first aid principles.	Power point presentation	FA Manual and Internet resources
	26	Shock Management	The student will provide first aid intervention for shock due to allergic reactions.	Power point presentation	FA Manual and Internet resources
October	3	Shock Management	The student will assess and treat a casualty who has fainted.		FA Manual and Internet resources
	10	Bleeding Control	The student will identify types of bleeding and perform bleeding control interventions.	Power point presentation	FA Manual and Internet resources
	17	Wound Care	The student will understand wound care principles, infection precautions, and tetanus prophylaxis.	Power point presentation	FA Manual and Internet resources