

Lecture Plan		
Name of the college: Government College of Arts, Science and Commerce, Sanquelim, Goa		
Name of Faculty: Miss. Anjali Bala Gawas	Subject: Indigenous Heritage of Goa	
Paper code: HIS 131	Program: FY BSc	Division: A
Academic year: 2026-2027	Semester: I	Total Lectures: 45
Course Objectives: 1 Acquire knowledge on the indigenous communities of Goa and their habitats. 2. Understand the socio-cultural and religious practices of the indigenous community. 3. Identify the sustainable management practices of the indigenous communities of Goa.		
Expected Course Outcome: 1. 1. Understand the role of indigenous communities in Goan history and their habitat. 2. Develop an understanding of the contributions of the indigenous communities to Goan culture and spread their knowledge to the future generation.		

3. Summarize the struggles and challenges confronting the indigenous communities of Goa in modern times.
4. Develop knowledge through discussions, assignments, debates, brain storming, study tours, guest lectures etc.

Student Learning Outcome: Students will understand the importance of indigenous communities and be able to identify them and explain their socio-cultural & religious practices. They will be able to identify and evaluate sustainable resource management practices followed by the indigenous groups.

Month	Lecture From	Lecture To	No. of lectures allotted	Topic, Subtopic to be covered	Exercise/ Assignment	ICT Tools	Reference books
July	13/07/2026	18/07/2026	3	Unit I Indigenous Heritage a. Meaning b. Indigenous Identity: Kunbis	Identify indigenous communities in your locality	Power point presentation	Gune, V. T., ed. <i>Gazetteer of Goa, Daman and Diu</i> . Panaji: Gazetteer

							Department, 1979. Singh, K.S. ed. <i>People of India: Goa</i>. vol. 21. Bombay: Popular Prakashan Pvt Ltd, 1993.
July	13/07/2026	18/07/2026	3	b. Indigenous Identity: Gavdas, Velip, Kharvis, Dhangars/Gouvllis	Read about the indigenous communities of Goa	Power point presentation	Gune, V. T., ed. <i>Gazetteer of Goa, Daman and Diu</i>. Panaji: Gazetteer Department, 1979. Singh, K.S. ed. <i>People of India: Goa</i>. vol. 21. Bombay: Popular Prakashan Pvt Ltd, 1993.
July	20/07/2026	25/07/2026	3	Unit II Traditions & Practices	Find out the various local remedies to sickness in your village	Power point presentation	Da Silva Gracias, Fatima. <i>Health and Hygiene in</i>

				a. . Medical Practices (Vaid, Bone-setters, Midwives)			<i>Colonial Goa, 1510- 1961.</i> New Delhi: Concept Publishing Company, 1994.
July/August	27/07/2026	01/08/2026	2	b. Pastoral and Agrarian Practices - Animal Husbandry, Kumeri, Food Habits	Read about the various dietary practices and agricultural practices followed in Goa	Power point presentation	Gune, V. T., ed. <i>Gazetteer of Goa, Daman and Diu.</i> Panaji: Gazetteer Department, 1979.
August	03/08/2026	08/08/2026	3	c. Religious Practices: Nature Worship, Village Protector, Shamanistic and other ritualistic practices	Observe around you the various forms of worship practiced by the people in your village. Read and write about the unique ones.	Power point presentation	Kerkar, Rajendra. <i>Natural Heritage of Goa.</i> Panjim: Broadway Publishing House, 2016. Phaldesai, Pandurang. <i>Goa: Folklore Studies.</i> Goa: Goa 1556 & Broadway

							Publishing House, 2011. Phaldesai, Pandurang. <i>Kaleidoscopic Goa: A Cultural Atlas</i>. Panaji: Vasantao Dempo Education & Research Foundation, 2004.
August	03/08/2026	08/08/2026	3	c. Religious Practices: Nature Worship, Village Protector, Shamanistic and other ritualistic practices	Observe around you the various forms of worship practiced by the people in your village. Read and write about the unique ones.	Power point presentation	Kerkar, Rajendra. <i>Natural Heritage of Goa</i>. Panjim: Broadway Publishing House, 2016. Phaldesai, Pandurang. <i>Goa: Folklore Studies</i>. Goa: Goa 1556 & Broadway Publishing House, 2011.

							Phaldesai, Pandurang. <i>Kaleidoscopic Goa: A Cultural Atlas</i> . Panaji: Vasantao Dempo Education & Research Foundation, 2004.
August	10/08/2026	15/08/2026	3	Unit III Cultural and Social Representations a. The Maand	Find out where the Maand is located in your village and its importance in social life.	Power point presentation	Phaldesai, Pandurang. <i>Kaleidoscopic Goa: A Cultural Atlas</i> . Panaji: Vasantao Dempo Education & Research Foundation, 2004. Phaldesai, Pandurang. <i>Typological Insights Into Folklore of Goa</i> . Porvorim: Saasaai Publications, 2021.

August	10/08/2026	15/08/2026	3	b . Folk Music, Stories, Dance and Drama	Read about the folk dances, drama, stories and music of Goa. Identify from which place or community it is from.	Power point presentation	Phaldesai, Pandurang. <i>Kaleidoscopic Goa: A Cultural Atlas</i> . Panaji: Vasant Rao Dempo Education & Research Foundation, 2004. Phaldesai, Pandurang. <i>Typological Insights Into Folklore of Goa</i> . Porvorim: Saasaai Publications, 2021.
August	17/08/2026	22/08/2026	3	c. Impact of colonization and modernization	Read about the influence of the Portuguese rule on the indigenous communities.	Power point presentation	Phaldesai, Pandurang. <i>Typological Insights Into Folklore of Goa</i> . Porvorim: Saasaai Publications, 2021.

August	17/08/2026	22/08/2026	3	Unit IV Concern for Indigenous Heritage a. Social Justice and Concern: The GAKUVED (Federation of Gawda, Kunbi, Velip and Dangar Communities)	Find out and list the issues and challenges faced by the indigenous communities of Goa.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and life style.</i> Goa: A Goa Foundation Publication, 1993.
August	24/08/2026	29/08/2026	3	Unit IV Concern for Indigenous Heritage a. Social Justice and Concern: The GAKUVED (Federation of Gawda, Kunbi, Velip and Dangar Communities)	Find out and list the issues and challenges faced by the indigenous communities of Goa.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and life style.</i> Goa: A Goa Foundation Publication, 1993.
August	24/08/2026	29/08/2026	3	Unit IV Concern for Indigenous Heritage a. Social Justice and Concern: The GAKUVED (Federation of	Find out and list the issues and challenges faced by the indigenous communities of Goa.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and</i>

				Gawda, Kunbi, Velip and Dangar Communities)			<i>life style.</i> Goa: A Goa Foundation Publication, 1993.
August/ September	31/08/2026	5/09/2026	3	b. Forest Rights Act	List down the struggles faced by the indigenous communities of Goa when it comes to forests. Read about the laws the government has introduced to help them.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and life style.</i> Goa: A Goa Foundation Publication, 1993.
September	7/09/2026	12/09/2026	3	b. Forest Rights Act	List down the struggles faced by the indigenous communities of Goa when it comes to forests. Read about the laws the government has introduced to help them.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and life style.</i> Goa: A Goa Foundation Publication, 1993.

September	21/09/2026	26/09/2026	3	c. Assignment on Indigenous Heritage (Audio or Video or Documentation)	Identify any local social, cultural belief, tradition, religious practice, medical practice in your village. Document it.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and life style.</i> Goa: A Goa Foundation Publication, 1993.
September/ October	28/09/2026	3/10/2026	3	c. Assignment on Indigenous Heritage (Audio or Video or Documentation)	Identify any local social, cultural belief, tradition, religious practice, medical practice in your village. Document it.	Power point presentation	Alvares, Claude, ed. <i>Fish Curry Rice. A Source book on Goa, Its Ecology and life style.</i> Goa: A Goa Foundation Publication, 1993.
October	5/10/2026	10/10/2026	3	Revision	Revision		3
October	12/10/2026	14/10/2026	3	Revision	Revision		3

*** Assessment Rubrics**

Component	Max Marks
ISA 1	7.5
ISA 2	7.5
ISA 3	7.5
Project	-
Semester End Exam	75

